



## St. Mary's Religious Education

185 E. Illinois Rd. Lake Forest, IL 60045

(847) 234-0090

Student Name \_\_\_\_\_

Grade \_\_\_\_\_ Teacher \_\_\_\_\_

### Mass Reflection

This assignment is to help you reflect on various parts of the Mass.

You will complete 5 Reflections, each one on a different part of the Mass:

1. First Reading    2. Second Reading    3. Gospel    4. Homily    5. Songs/Music

#### Do Not Complete This Form While Participating In Mass

Mass Date \_\_\_\_\_

Mass Time \_\_\_\_\_

Church \_\_\_\_\_

Priest \_\_\_\_\_

Altar Cloth Color \_\_\_\_\_

Color of Vestments \_\_\_\_\_

Liturgical Season (circle): Advent    Christmas    Ordinary Time    Lent    Easter

Please check/mark which part of the Mass you will reflect on below:

1. First Reading \_\_\_\_\_

4. Homily \_\_\_\_\_

2. Second Reading \_\_\_\_\_

5. Songs/Music \_\_\_\_\_

3. Gospel \_\_\_\_\_

**My Mass Reflection:** Questions to think about: What was the message or meaning of this part of the Mass? How did this part of the Mass help you know, respect, and grow in love with God?

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

**Remember, to attend Sunday liturgy weekly!**