

## **Confirmation Dress Code**

For Students & Sponsors

### **Gentlemen, you should wear:**

Dress pants with a belt  
Dress shoes with socks  
Dress shirt with collar, shirt tucked in  
Tie (suggested, but optional)  
Jacket (suggested, but optional)

NO JEANS  
NO SNEAKERS, TENNIS SHOES OR SANDALS  
NO SAGGING PANTS  
NO T-SHIRTS

### **Ladies, you should wear:**

Skirt and blouse/sweater or,  
Dress or,  
Nice dress slacks  
With dress shoes  
All to be worn with appropriate undergarments (slip, etc.)

**\*Skirts and dresses must be to your knee or longer—no short skirts**  
**\*Tops and dresses must have sleeves – nothing strapless or with spaghetti straps**  
**\*If you have a sleeveless dress or blouse, you must wear a sweater over it.**

NO JEANS  
NO SNEAKERS OR FLIP-FLOPS  
NO OVERLY TIGHT CLOTHING  
NO T-SHIRTS  
NO PLUNGING NECKLINES  
NO BARE BACKS  
NO BARE MIDRIFTS

**If in doubt, don't wear it.**

### Helpful Suggestions for Modest Dress in Young Women

- **The B's.** Any body part that starts with a "B" – you know them – should never be showing. Easy as that.
- **Sit, Bend and Reach.** It's just a simple test. Sit to see if your pants are too low. Bend over to see if your shirt is too low, then reach your hands up to see if it's too short.
- **The Mirror is your best friend when it comes to modesty.** If you look in the mirror and question, "Is it too tight? Too short? Too thin? Too low?" it probably is, so find something else to wear.

Adapted from "The Mystery of Modesty" by Christina Mead:  
(<http://www.lifeteen.com/blog/the-mystery-of-modesty>)

**WAIT! Where do you expect me to buy a dress or outfit that meets these guidelines in our modern fashion culture?**

There are many websites and stores that still carry a great deal of high fashion clothing that honor our bodies as temples of the Holy Spirit! Check out these websites below for some options:

<http://www.shabbyapple.com/>

<http://www.sierrabrooke.com/>

<http://www.christa-taylor.com/>